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# Welcome to the 2025-26 snapfresh Meal Catalogue

The leader of ready-made prepared meals, snapfresh produces up to 20 million meals annually in a fully HACCP, Halal, and export-certified facility. We ensure quality and consistency through strict external audits, and offer various delivery options to meet your needs, including ex-works, FIS and FOB. Our popular markets include:

- Airline and airline lounges
- Retail
- Hospitals
- Aged Care
- Institutional and government sectors

We also cater to contract manufacturing, and export segments, and offer a variety of meals through vending machines. Our meals come in single-serve and bulk formats, covering both Western and Asian styles. Menus can be customised based on preferences and ordered qualities.

This catalogue showcases some of our popular high-quality frozen meals. We have many options that we can discuss with you, along with our research and development team. As a one-stop-shop, we can also source non-stock food items and supplies from our extensive network.

For any meal or logistics questions, including pricing, please contact the snapfresh sales team.

### Honey Soy Chicken with Jasmine Rice and Greens



150038 SKU:

Jasmine Rice, Chicken, Spinach, Water, Soy Sauce, Honey, Shallot, Thickener, Vegetable Oil, Spices, Lemon Key ingredients:

Juice, Garlic, Mineral Salt, Salt, Vegetable Gum.

General population, Halal suitable. Intended use: Black CPET tray sealed with yellow foil.

Packaging: 240gm per serve.

Size: 42 meals per carton / 36 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 60% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Beef Goulash with Basic Brown Sauce



150033 SKU:

Beef, Tomato Pulp, Salt, Potato, Cabbage, Water, Onion, Apple, Tomato Pulp, Vegetable Oil, Vinegar, Salt, Key ingredients:

Thickener, Herbs and Spices, Gravy, Sugar, Garlic, Vegetable Gums.

General population, Halal suitable. Intended use: Black CPET tray sealed with red foil. Packaging:

230gm per serve. Size:

Units: 42 meals per carton / 36 cartons per pallet. Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 87% Australian ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Soy Braised Chicken with Shiitake and Shallot Sauce and Hokkien Noodles



SKU: 150034

Key ingredients: Noodles, Chicken, Water, Choy Sum, Shiitake Mushroom, Soy Sauce, Capsicum, Shallot, Sugar, Thickener,

Vegetable Oil, Garlic, Spices, Vegetable Gum, Mineral Salt, Salt.

Intended use: General population, Halal suitable. Packaging: Black CPET tray sealed with yellow foil.

Size: 240gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Storage: Thawed: 3 days once removed from freezer and stored below 4°C.

Origin: Product should be stored and transported at or below -18°C in clean, dry conditions.

Specification: Made in Australia from at least 70% Australian ingredients.

### **Butter Chicken**



SKU: 240082 (separate export-grade version also available: 192025).

Chicken, Basmati Rice, Water, Onion, Tomato Paste, Carrot, Peas, Cream, Herbs and Spices, Vegetable

Oil, Garlic, Lemon Juice, Salt, Honey, Thickener, Mineral Salt, Sugar, Vinegar, Vegetable Gum.

Intended use: General population, Halal suitable.

Packaging: Black CPET tray sealed with polyester foil.

Size: 430am per serve.

Key ingredients:

36 meals per carton / 32 cartons per pallet. Units: Frozen: 365 days from date of production.

Shelf life: Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 80% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Roast Chicken with Seasoned Potatoes, Peas and Carrots



SKU: 240101 (separate export-grade version also available: 192026).

Potato, Chicken, Carrot, Peas, Water, Gravy Mix, Onion, White Wine, Vegetable Oil, Salt, Colour Rub, **Kev ingredients:** 

Thickener, Spices, Mineral Salt, Vegetable Gums. Intended use:

General population. Packaging:

Black CPET tray sealed with polyester film.

Size: 430am per serve.

36 meals per carton / 32 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 85% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Scrambled Egg with Smoky Chicken Sausages, Tomato and Relish



SKU: 160104

Intended use:

Specification:

Key ingredients: Egg, Smoky Chicken Sausage, Chicken, Water, Salt, Spices, Soy Protein, Tapioca Starch, Mineral Salt,

Antioxidant, Milk, Potato, Tomato Pulp, Onion, Tomato Jam, Cheese, Thickener, Salt, Garlic, Vegetable Oil,

Herbs and Spices, Vegetable Gum, Sugar, Vinegar, Lemon Juice. General population. Black CPET trav sealed with polvester film.

285gm per serve. Packaging:

Size: 36 meals per carton / 32 cartons per pallet. Frozen: 365 days from date of production. Units:

Shelf life: Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 86% Australian ingredients. Important: this is a high level catalogue meal SKU

overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information

Statement for detailed meal specification.

### Onion, Potato and Pepper Frittata with Bacon, Braised Beans and Potato



150032 SKU:

Onion Potato and Pepper Frittata, Water, Red Peppers, Sweet Potato, Thickener, Zucchini, Key ingredients:

Modified Starch, Leek, Wheat Flour, Onion Powder, Garlic, Herbs, Spices, Vegetable Oil,

Bacon, Antioxidant, Preservative, Cannellini Beans, Potato, Tomato Pulp, Onion,

Worcestershire Sauce, Sugar, Vegetable Oil.

General population, Halal suitable. Intended use: Black CPET tray sealed with blue foil. Packaging:

181am per serve. Size: 42 meals per carton / 36 cartons per pallet.

Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C. Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Made in Australia from at least 50% Australian ingredients.

Origin: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Sweet and Sour Pork with Jasmine Rice



SKU: 240102

Key ingredients: Jasmine Rice, Pork, Vegetables, Soy Sauce, Tomato, Onion, Wine, Pineapple, Vinegar, Sugar, Vegetable

Oil, Thickener, Garlic, Spice, Mineral Salt, Chicken Powder, Salt, Vegetable Gum.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film. Size:

430gm per serve. 36 meals per carton / 32 cartons per pallet. Units:

Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 59% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Beef with Tomato and Onion



Origin:

Size:

Key ingredients: (separate export-grade version also available: 192016). Beef, Potato, Vegetables, Onion, Tomato Pulp, Milk,

Wine, Butter, Thickener, Garlic, Celery, Tomato Paste, Salt, Herbs and Spices, Vegetable Oil, Sugar,

Worcestershire Sauce, Vegetable Gum.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

430gm per serve. 36 meals per carton / 32 cartons per pallet.

Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from at least 86% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

### Spice Braised Pork with Rice, Cauliflower and Beans



240104 SKU:

Key ingredients:

Intended use:

Specification:

Intended use:

Packaging:

Packaging:

Basmati Rice, Pork, Chicken Stock, Beans, Cauliflower, Onion, Capsicum, Herbs and Spices, Lemon Juice, Kev ingredients:

Vegetable Oil, Salt, Garlic, Thickener, Sugar, Fish Sauce, Mineral Salt, Vegetable Gum.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 430am per serve.

36 meals per carton / 32 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 75% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Roast Chicken Thigh with Chat Potatoes and Vegetables



160107 (separate export-grade version also available: 191008).

Potato, Chicken, Water, Tomato Pulp, Pumpkin, Zucchini, Onion, Capsicum, Celery, Onion, Wine, Carrot,

Vegetable Oil, Herbs and Spices, Honey, Thickener, Tomato Paste, Lemon Juice, Salt, Garlic, Sugar.

General population.

Black CPET trav sealed with polvester film.

370am per serve.

Size: 36 meals per carton / 32 cartons per pallet. Units: Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 91% Australian ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Turmeric Chicken with Coconut and Lemongrass Sauce, Rice and Vegetables



240106 (separate export-grade version also available: 192028).

Kev ingredients: Jasmine Rice, Chicken, Vegetables, Water, Coconut Cream, Onion, Tamarind Pulp, Herbs and Spices, Sugar, Fish Sauce, Oyster Sauce, Thickener, Garlic, Vegetable Oil, Salt, Mineral Salt, Vegetable Gum.

General population.

Black CPET tray sealed with polyester film.

Size: 430gm per serve. Units:

36 meals per carton / 32 cartons per pallet. Shelf life:

Frozen: 365 days from date of production. Thawed: 3 days once removed from freezer and stored below 4°C.

Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin: Specification:

Made in Australia from at least 75% Australian ingredients.

#### Pasta with Meatballs with Tomato and Spinach Sauce



240108 (separate export-grade version also available: 192019). SKU:

Pasta, Meatballs, Soy Protein, Salt, Dehydrated Vegetables, Rice Flour, Herbs, Sugar, Protein, Spice Extracts, Mineral Salt, Colour, Tomato Pulp, Onion, Tomato Jam, Red Vinegar, Sugar, Olive Oil, Onions.

General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 434gm per serve.

Kev ingredients:

Intended use:

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 66% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Lamb Moussaka with Risoni, Beans and Carrots



240105 (separate export-grade version also available: 192017).

Key ingredients: Risoni, Lamb, Salt, Acidity Regulator, Yeast, Beans, Carrot, Tomato Pulp, Eggplant, Onion, Capsicum,

Lentils, Wine, Vegetable Oil, Thickener, Salt, Herbs and Spices, Vinegar, Garlic, Vegetable Gum.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 430gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Frozen: 450 days from date of production.

Shelf life: Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 73% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Beef Lasagne with Beans and Creamed Spinach



SKU: 160101

Key ingredients: Beef Lasagne, Tomato, Carrot, Cheese, Salt, Onion, Egg, Thickener, Parmesan Cheese, Worcestershire

Sauce, Paprika, Garlic, Spinach, Beans, Vegetable Oil, Thickener, Vegetable Gum, Herbs and Spices.

General population.

Intended use: Black CPET tray sealed with polyester film. Packaging:

Size: 375am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Frozen: 365 days from date of production.

Shelf life: Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 77% Australian ingredients. Origin:

### Lamb with Roghan Josh



240083 (separate export-grade version also available: 192013). SKU: Key ingredients:

Lamb, Basmati Rice, Peas, Carrot, Water, Tomato Pulp, Onion, Tomato Paste, Herbs and Spices, Salt,

Vegetable Oil, Garlic, Sugar, Thickener, Vegetable Gum.

General population. Intended use:

Black CPET tray sealed with polyester film. Packaging:

Size: 430gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Frozen: 450 days from date of production.

Shelf life: Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin: Made in Australia from at least 51% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Beef with Mashed Potato



240085 (separate export-grade version also available: 192014). Kev ingredients:

Potato, Beef Blade, Carrot, Water, Milk, Onion, Peas, Corn, Butter, Thickener, Red Wine, Garlic, Graw.

Salt. Thickener, Herbs and Spices, Worcestershire Sauce, Vegetable Oil, Sov Sauce,

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film. Size:

430am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 86% Australian ingredients.

Origin: Specification:

Important: this is a high level catalogue meal SKÜ overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Rissoles with Onion Gravy, Potato, Peas and Carrots



240109 (separate export-grade version also available: 192020).

Key ingredients: Beef, Potato, Carrot, Peas, Onion, Milk, Thickener, Egg, Herbs and Spices, Butter, Breadcrumb, Vegetable Oil, Garlic, Sugar, Salt, Gravy Powder, Tomato, Worcestershire Sauce, Mustard Sauce, Vegetable Gum.

General population.

Packaging: Black CPET trav sealed with polvester film.

Size: 410gm per serve.

Intended use:

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 80% Australian ingredients. Specification:

#### Chicken Cacciatore



SKU: 240080 (separate export-grade version also available: 192024).

Chicken, Casarecce Pasta, Tomato Pulp, Carrot, Beans, Chicken Stock, Mushroom, Tomato Paste, Onion, Key ingredients:

Celery, Salt, Capsicum, Garlic, Balsamic Vinegar, Vegetable Oil, Capers, Thickener.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 430am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 78% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Red Curry Fish with Jasmine Rice and Coriander



240088 SKU:

Jasmine Rice, Hake, Choy Sum, Sugar Snap Peas, Coconut Cream, Beans, Vegetable Oil, Capsicum, Herbs Key ingredients:

and Spices, Eggplant, Red Curry Paste, Fish Sauce, Sugar, Lemon Juice, Salt, Thickener.

General population. Halal suitable. Intended use:

Black CPET tray sealed with polyester film. Packaging: Size:

420gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 21% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Cheese Ravioli with Spinach Pumpkin and Basil



Key ingredients: Jasmine Rice, Hake, Choy Sum, Sugar Snap Peas, Coconut Cream, Beans, Vegetable Oil, Capsicum, Herbs

and Spices, Eggplant, Red Curry Paste, Fish Sauce, Sugar, Lemon Juice, Salt, Thickener.

General population. CHML, MOML, VGML, Intended use: Packaging:

Black CPET tray sealed with polyester film.

215gm per serve. Size:

42 meals per carton / 36 cartons per pallet. Units: Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from at least 89% Australian ingredients. Specification:

# Spaghetti Bolognese



SKU: 240081 (separate export-grade version also available: 192012). Kev ingredients:

Pasta, Vegetable Oil, Tomato Pulp, Vegetables, Beef, Cheese, Celery, Onion, Bacon, Red Wine, Vinegar,

Tomato Paste, Thickener, Vegetable Oil, Salt, Garlic, Herb and Spice, Vegetable Gum.

General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 430gm per serve.

Intended use:

Key ingredients:

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 68% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Honey and Soy Chicken with Jasmine Rice, Sugar Snaps and Sesame Seeds



160033 (separate export-grade version also available: 191009). SKU:

Chicken, Jasmine Rice, Water, Sugar Snaps, Soy Sauce, Honey, Shallot, Thickener, Vegetable Oil,

Marinade, Spices, Sesame Seeds, Garlic, Lemon Juice, Vegetable Gums.

Intended use: General population.

Packaging: Black CPET trav sealed with polvester film.

Size: 333am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 65% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Spicy Teriyaki Chicken with Koshihikari Rice



Key ingredients: Rice, Chicken, Sugar Snaps, Soy Sauce, Sugar, Wine, Daikon, Carrot, Vinegar, Thickener, Corn Starch,

Marinade, Salt, Vegetable Oil, Spice, Vegetable Gums, Food Colour, Food Acid.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 345am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 83% Australian ingredients.

Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

### Vegetable Quiche Accompanied with Potatoes, Zucchini and Red Onion



SKU: 160057

Intended use:

Storage:

Key ingredients: Roasted Vegetable Quiche, Gelatine, Thickener, Emulsifier, Sweet Potato, Pumpkin, Zucchini, Egg, Butter,

Cheese, Vegetable Oil, Milk Powder, Food Thickener, Nutmeg, Salt, Sugar, Pepper, Potato.

General population.

Black CPET tray sealed with polyester film. Packaging:

Size: 285am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 74% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Thai Red Chicken Curry with Coriander Rice



240116 (separate export-grade version also available: 192029).

Key ingredients: Roasted Vegetable Quiche, Gelatine, Thickener, Emulsifier, Sweet Potato, Pumpkin, Zucchini, Egg, Butter,

Cheese, Vegetable Oil, Milk Powder, Food Thickener, Nutmeg, Salt, Sugar, Pepper, Potato.

Intended use: General population. Halal suitable.

Packaging: Black CPET tray sealed with polyester film.

Size: 430gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 60% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Chicken with Tomato and White Wine Sauce



240103 (separate export-grade version also available: 192027).

Key ingredients: Chicken, Risoni, Peas, Water, Carrot, Onion, Sweet Potato, Tomato Pulp, Chicken Stock, White Wine, Salt,

Tomato Paste, Vegetable Oil, Thickener, Sugar, Garlic, Herbs and Prices, Mineral Salt.

General population.

Black CPET tray sealed with polyester film. Packaging:

430am per serve. Size:

Intended use:

36 meals per carton / 32 cartons per pallet. Units: Frozen: 450 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from at least 81% Australian ingredients.

# Ricotta and Sage Ravioli with Tomato, Onion Sauce and Toasted Almonds



SKU: 160058

Intended use:

Key ingredients: Lemon, Sage and Ricotta Ravioli, Filling, Water, Bread Crumb, Lemon, Sage, Salt, Pepper, Nutmeg,

Tomato Pulp, Onion, Tomato Jam, Tomato, Vegetable Oil, Almond , Parmesan, Salt, Garlic, Thickener.

General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 330gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin:

Made in Australia from at least 62% Australian ingredients.

Specification:

Important: this is a high level catalogue meal SKII overview.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Rajmah Curry with Vegetable Masala



SKU: 240092

Key ingredients: Basmati Rice, Kidney Beans, Tomato, Cauliflower, Green Beans, Capsicum, Vegetable Oil, Herbs and

Spices, Salt, Corn Starch, Tomato Paste, Black Mustard Seed, Vegetable Gum, Sugar.

Intended use: General population. Halal suitable.

Packaging: Black CPET tray sealed with polyester film.

Size: 430gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 43% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKLI overview.

Important: this is a high level catalogue meal SKŪ overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Ambati Dhal with Tomato Curry



SKU: 240099

Key ingredients: Tomato Pulp, Basmati Rice, Water, Peas, Green Beans, Tomato, Lentils, Coconut Cream, Vegetable Oil,

Coconut, Tamarind Pulp, Herbs and Spices, Corn Starch, Salt, Sugar, Black Mustard Seed.

Intended use: General population. Halal suitable.

Packaging: Black CPET tray sealed with polyester film.

Size: 430gm per serve.

Units: 36 meals per carton / 32 cartons per pallet.

Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Product should be stored and transported at or below -18°C in clean, dry conditions.

Specification: Made in Australia from at least 29% Australian ingredients.

### Cheese and Chive Omelette, Beef Chipolata, Spinach and Mushroom



SKU: 160044

Kev ingredients: Cheese and Chive Omelette, Milk Powder, Sunflower Oil, Chives, Stabilizer, Salt, Potato, Mushroom, Beef

Chipolata, Preservative, Spice Extracts, Spinach, Onion, Vegetable Oil, Mustard, Salt.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 230am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 84% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Sweet Curry Beef with Basmati Rice, Carrots and Beans



SKU: 240107 (separate export-grade version also available: 192018).

**Kev ingredients:** Basmati Rice, Beef, Carrot, Beans, Onion, Tomato Pulp, Chutney, Herbs and Spices, Salt, Vegetable Oil,

Black Mustard Seed, Thickener, Garlic, Sugar, Vegetable Gum.

Intended use: General population.

Black CPET tray sealed with polyester film. Packaging: Size:

430gm per serve.

Storage:

Size:

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 49% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Braised Chicken with Mustard and Cream



240113 (separate export-grade version also available: 192011).

Chicken, Potato, Milk, Carrot, Beans, Cream, Mustard, Thickener, Lemon Juice, Salt, Vegetable Oil, Key ingredients:

Emulsifier, Mineral Salt, Spices, Vegetable Gum, Sugar.

General population. Halal suitable. Intended use:

Black CPET trav sealed with polvester film. Packaging:

430am per serve.

36 meals per carton / 32 cartons per pallet. Units: Frozen: 450 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 88% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

### Fish with Black Pepper Sauce and Jasmine Rice



Key ingredients: Jasmine Rice, Hake, Choy Sum, Water, Sugar Snap Peas, Mushroom, Soy Sauce, Shallot, Spices, Oyster

Sauce, Thickener, Vegetable Oil, Sugar, Garlic, Chicken Powder, Wine, Vegetable Gum.

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 435gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 27% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Tortellini with Cauliflower Rosetta Sauce



150036 SKU:

Tortellini, Semolina, Water, Breadcrumbs, Cheddar Cheese, Egg, Ricotta Cheese, Tasty Cheese Powder, Kev ingredients:

Spinach, Onion, Salt, Canola Oil, Garlic, Nutmeg, Pepper, Cauliflower, Tomato Pulp, Onion.

General population. Halal suitable. Intended use: Black CPET tray sealed with clear film. Packaging:

Size: 230am per serve.

42 meals per carton / 36 cartons per pallet. Units: Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 49% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Spinach and Tomato Frittata with Braised Beans



150046 SKU:

Spinach and Tomato Frittata, Cream, Spinach, Onion, Sweet Potato, Potato, Modified Starch, Wheat Flour, Key ingredients:

Parmesan Cheese, Tomato, Salt, Vegetable Gum, Spices, Herbs, Vegetable Oil, Potato.

General population. Intended use:

Black CPET tray sealed with silver film. Packaging:

205qm per serve. Size:

42 meals per carton / 48 cartons per pallet. Units: Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 41% Australian ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

#### Beef Bourguignon with Horseradish Mash and Vegetables



SKU: 240114 (separate export-grade version also available: 192021).

Key ingredients: Beef, Potato, Vegetables, Onion, Milk, Tomato Pulp, Water, Wine, Thickener, Mushroom, Butter, Bacon,

Horseradish Paste, Garlic, Worcestershire Sauce, Vegetable Oil, Salt, Vinegar, Herb and Spice.

General population. Intended use:

Black CPET trav sealed with polvester film. Packaging:

430am per serve. Size:

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin: Made in Australia from at least 83% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Lamb Provençal with Risoni and Peas



240117 (separate export-grade version also available: 192022).

Key ingredients: Lamb, Risoni, Peas, Tomato Pulp, Carrot, Celery, Onion, Wine, Thickener, Vegetable Oil, Tomato Paste,

Herbs and Spices, Vinegar, Garlic, Salt, Vegetable Gum. Intended use:

General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 430gm per serve.

36 meals per carton / 32 cartons per pallet. Units: Frozen: 450 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 67% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Channa Masala with Lemon Rice



SKU: 240093

Specification:

Kev ingredients: Basmati Rice, Chickpeas, Green Beans, Tomato Pulp, Vegetable Oil, Channa Masala Powder, Lemon Juice.

Herbs and Spices, Salt, Sugar, Urad Dhal, Coconut, Channa, Preserved Lemon.

Intended use: General population. Halal suitable.

Packaging: Black CPET tray sealed with polyester film.

Size: 430am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 24% Australian ingredients. Origin:

# Pumpkin Tortellini with Tomato and Eggplant Ragu with Toasted Feta Crumb



SKU: 160027

Intended use:

Specification:

Key ingredients: Pumpkin Tortellini, Durum Wheat Semolina, Vegetable Oil, Salt, Filling, Preservative, Pumpkin,

Caramelised Onion, Breadcrumbs, Parmesan, Grana Padano, Salt, Stabiliser, Sugar, Vegetable Protein.

General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 310gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin: Made in Australia from at least 40% Australian ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Chinese Stir Fried Pork Mince with Udon Noodles



Udon Noodle, Vitamin, Choy Sum, Pork, Water, Onion, Soy Sauce, Carrot, Vegetable Oil, Garlic, Oyster Key ingredients:

Sauce, Shallot, Ground Bean Sauce, Spices, Thickener, Hoisin Sauce, Rice Wine, Chicken Powder.

General population.

Intended use: Black CPET tray sealed with polyester film. Packaging:

430gm per serve.

Size: 36 meals per carton / 32 cartons per pallet. Units: Frozen: 450 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 49% Australian ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKŪ overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Lentil and Edamame with Cranberry Cous Cous



240091

Size:

Cous Cous, Water, Soy Bean, Onion, Lentils, Celery, Capsicum, Pepita Seed, Vinegar, Carrot, Mushroom, Kev ingredients:

Vegetable Oil. Herbs and Spices. Sugar. Craisins. Preserved Lemon. Salt. Raisins. Garlic.

General population. Halal suitable.

Intended use: Black CPET tray sealed with polyester film. Packaging:

430am per serve.

36 meals per carton / 32 cartons per pallet. Units: Frozen: 450 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 56% Australian ingredients. Origin:

# Penne with Tomato and Roasted Vegetables



240096 SKU:

Key ingredients: Penne, Tomato Pulp, Capsicum, Onion, Vegetable Oil, Salt, Garlic, Sugar, Thickener, Herb and Spice,

Vinegar, Vegetable Gum.

General population. Halal suitable. Intended use:

Packaging: Black CPET tray sealed with polyester film.

Size: 430gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 52% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Cauliflower and Chickpea Chermoula



Tomato Pulp, Water, Cous Cous, Cauliflower, Spinach, Chickpeas, Onion, Raisins, Vegetable Oil, Herbs and Key ingredients:

Spices, Almonds, Salt, Lemon Juice, Garlic, Thickener, Vegetable Gum.

Intended use: General population. Halal suitable.

Black CPET tray sealed with polyester film. Packaging:

Size: 430gm per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 40% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Char Kway Style Rice Noodles with Asian Greens, Sprouts, Tofu and Chilli



160028

Rice Flake Noodles, Tofu, Water, Onion, Choy Sum, Beans, Soy Sauce, Cabbage, Oyster Mushroom, Bean Key ingredients:

Sprouts, Wine, Spices, Shiitake Mushrooms, Chilli Garlic Sauce, Sugar, Shallot, Sweet Soy Sauce.

General population.

Intended use: Black CPET tray sealed with polyester film. Packaging:

326gm per serve. Size:

36 meals per carton / 32 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 59% Australian ingredients. Origin:

# Mushroom Ravioli with Pea and Spinach Cream Sauce and Parmesan



SKU: 160026

Intended use:

Key ingredients: Mushroom Ravioli, Durum Wheat Semolina, Vegetable Oil, Salt, Filling, Preservative, Mushroom Mix,

Mushroom, Boletes Mushroom, Oyster Mushroom, Black Fungus, Water, Potato Flakes, Breadcrumbs.

General population.

Black CPET tray sealed with polyester film. Packaging:

310gm per serve. Size:

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin: Made in Australia from at least 81% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Cheese Ravioli with Spinach and Basil Sauce



SKU: 240097

Key ingredients: Ravioli, Salt, Non Animal Rennet, Culture, Milk Sugars, Yeast, Mineral Salts, Food Acids, Breadcrumbs,

Spinach, Potato Flakes, Onion, Salt, Garlic, Vegetable Oil, Romano Cheese Flavour, Pepper.

General population. Halal suitable. Intended use:

Packaging: Black CPET tray sealed with polyester film. Size:

430am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 91% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Penne with Peas and White Sauce



Penne, Milk, Spinach, Pumpkin, Cream, Peas, Cheese, Vegetable Oil, Salt, Mustard, Thickener, Emulsifier, Key ingredients:

Vegetable Gum, Herb and Spice. General population. Halal suitable.

Black CPET tray sealed with polyester film. Packaging:

430gm per serve. Size:

36 meals per carton / 32 cartons per pallet. Units: Frozen: 450 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 61% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

SKU:

Intended use:

# Pasta with Tomato and Vegetables



240087 SKU:

Penne, Water, Tomato Pulp, Capsicum, Zucchini, Lentils, Carrot, Cheese, Onion, Tomato Paste, Garlic, Key ingredients:

Thickener, Vegetable Oil, Salt, Mushroom, Sugar, Herbs and Spices, Vegetable Gum.

General population. Halal suitable. Intended use:

Black CPET tray sealed with polyester film. Packaging:

430gm per serve.

Size: 36 meals per carton / 32 cartons per pallet. Units: Frozen: 450 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 53% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Scrambled Eggs, Smokey Chicken Sausage, Beans, Potato and Spinach



SKU:

Intended use:

Storage:

Key ingredients: Egg, Milk, Smoky Chicken Sausage, Antioxidant Artificial Casing, Cannellini Beans, Potato, Spinach,

Tomato Pulp, Bacon, Mineral Salts, Vegetable Gums, Maltodextrin, Antioxidants, Pork Collagen.

General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 290am per serve.

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin: Made in Australia from at least 73% Australian ingredients.

Specification:

Important: this is a high level catalogue meal SKŪ overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Mild Beef Curry with Coriander Sauce



240118

Beef, Jasmine Rice, Tomato Pulp, Vegetable Oil, Herbs and Spices, Coriander, Carrot, Potato, Onion, Key ingredients:

Beans, Chutney, Sugar, Thickener, Salt, Garlic, Vegetable Gum.

General population. Intended use:

Black CPET tray sealed with polyester film. Packaging:

430gm per serve. Size:

Units: 36 meals per carton / 32 cartons per pallet. Shelf life: Frozen: 450 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 58% Australian ingredients.

#### Chicken Noodles



150058 SKU:

Noodles, Chicken, Onion, Cabbage, Soy Sauce, Capsicum, Shiitake Mushroom, Oyster Sauce, Shallot, Key ingredients:

Vegetable Oil, Spices, Sugar, Garlic, Mineral Salt.

General population. Intended use:

Black CPET tray sealed with yellow foil. Packaging:

230gm per serve. Size:

42 meals per carton / 36 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 65% Australian ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Vegetable Fried Rice



SKU: 150059 Key ingredients:

Water, Pork, Jasmine Rice, Choy Sum, Egg, Mustard Tuber Strips, Vegetable Oil, Soy Sauce, Thickener,

Spices, Onion, Oyster Sauce, Shallot, Garlic, Sugar, Salt, Rice Wine, Chicken Stock, Vegetable Gum.

Intended use: General population.

Packaging: Black CPET tray sealed with silver foil.

Size: 244am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life:

Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 55% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Steamed Hake Fillet with Ginger Soy Sauce, Stir Fried Greens and Carrots



Hake, Water, Jasmine Rice, Carrot, Choy Sum, Soy Sauce, Vegetable Oil, Ginger, Shallot, Rice Wine, Key ingredients:

Sugar, Chicken Stock, Garlic, Salt, Pepper, Vegetable Gum.

General population. Intended use:

Black CPET tray sealed with blue foil. Packaging:

Size: 240gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 38% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

# Chinese Fried Rice with Pork



150061 SKU:

Packaging:

Size:

Units:

Shelf life:

Storage:

Origin:

Jasmine Rice, Water, Pork, Egg, Vegetable Oil, Soy Sauce, Spices, Vegetarian Oyster Sauce, Crispy Fried Key ingredients: Onion, Shallot, Garlic, Salt, Rice Wine, Sugar, Mineral Salt, Vegetable Gums, Chicken Stock Powder.

General population.

Intended use: Black CPET tray sealed with clear film.

205gm per serve.

42 meals per carton / 36 cartons per pallet. Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 66% Australian ingredients. Specification:

#### Dhal with Vegetable Masala



SKU: 101874

Kev ingredients: Basmati Rice, Water, Tomato, Lentils, Cauliflower, Green Beans, Capsicum, Vegetable Oil, Herbs and

Spices, Salt, Corn Starch, Black Mustard Seed, Tomato Paste, Vegetable Gums, Sugar.

Intended use: General population, AVML, VJML. Black CPET tray with clear film. Packaging:

Size: 242am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Semolina Uppma and Sambar Dhal



101870 SKU:

Kev ingredients: Semolina, Lentils, Water, Tomato Pulp, Vegetable Oil, Sambar Powder, Channa, Vegetable Oil, Salt,

Coriander, Sugar, Urad Dhal, Black Mustard Seed, Curry Leaves, Asafoetida Powder, Vegetable Gums. General population, AVML, HNML, VJML.

Intended use: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

Size: 220am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Lamb Rogan Josh with Pea Pilaf



101884 (separate export-grade version also available: 191007).

Key ingredients: Water, Lamb, Brown Rice, Peas, Tomato Pulp, Onion, Tomato Paste, Herbs and Spices, Thickener,

Vegetable Oil, Garlic, Salt, Sugar, Vegetable Gum.

Intended use: General population, HNML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 240gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients.

### Chicken Pie with Mash Top



103990

Potato, Tomato Pulp, Low Fat Milk, Chicken, Peas, Onion, Carrot, Celery, Vegetable Oil, Breadcrumb, Key ingredients:

Thickener, Garlic, Salt, Vinegar, Tomato Paste, Herbs and Spices, Sugar, Vegetable Gum.

General population, CHML, Halal suitable.

Intended use: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

240qm per serve. Size:

42 meals per carton / 48 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Red Kidney Bean Masala and Cauliflower Pea Masala



101881

Storage:

Intended use:

Specification:

Packaging:

Size:

Basmati Rice, Cauliflower, Kidney Beans, Peas, Tomato Pulp, Vegetable Oil, Herbs and Spices, Salt, Key ingredients:

Tomato Paste, Corn Starch, Sugar, Black Mustard Seed, Vegetable Gum, Asafoetida.

General population, AVML, MOML, NLML, VGML, VJML.

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

242qm per serve.

42 meals per carton / 48 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Made in Australia from local and imported ingredients.

Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Scrambled Egg with Potato and Beans



Egg, Hash Browns, Milk, Cannellini Beans, Tomato Pulp, Mushroom, Sugar, Vinegar, Onion, Capsicum, Key ingredients:

Thickener, Herbs and Spices, Salt, Butter, Vegetable Gum, Vegetable Oil, Lemon Juice, Garlic, Emulsifier.

Intended use: General population.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 200gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

### Onion, Potato and Pepper Frittata with Potato and Baked Beans



103985 SKU:

Key ingredients: Baked Beans, Food Acids, Potato, Water, Red Peppers, Sweet Potato, Thickener, Zucchini, Modified Starch,

Leek, Wheat Flour, Onion Powder, Garlic, Herbs, Spices, Vegetable Oil, Herbs and Spices, Vegetable Oil.

Intended use: General population, CHML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 225gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Cheese Ravioli with Spinach, Pumpkin and Basil



SKU: 101878

Key ingredients: Spinach and Ricotta Ravioli, Filling, Water, Spinach, Bread Crumb, Cream, Milk, Onion, Pumpkin, Spinach,

Cheese, Garlic, Herbs and Spices, Thickener, Vegetable Oil, Salt, Lemon Juice, Vegetable Gum.

Intended use: General population, VLML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 235gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life:

Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Pea and Spinach Cakes with Tomato and Ranch Beans



SKU: 103982

Kev ingredients: Potato, Peas, Spinach, Tomato, Capsicum, Tomato Pulp, Cannellini Beans, Chick Pea Flour, Vegetable Oil,

Onion, Herbs and Spices, Sugar, Lemon Juice, Soy Protein Concentrate, Thickener, Salt, Vinegar, Garlic,

Baking Powder, Vegetable Gum, Mustard. General population, GFML, NLML, VGML.

Intended use: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

220gm per serve.

42 meals per carton / 36 cartons per pallet. Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

Specification:

Size:

Units:

Shelf life:

Storage:

Origin:

#### Grilled Chicken with Sweet Corn Relish



Size:

Key ingredients: Brown Rice, Chicken, Tomato Pulp, Onion, Corn, Capsicum, Celery, Chicken Stock, Vegetable Oil, Herbs

and Spices, Garlic, Thickener, Vinegar, Sugar, Salt, Mineral Salt, Vegetable Gum.

Intended use: General population, DBML, GFML, HNML, MOML, NLML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

210am per serve.

Units: 42 meals per carton / 48 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Fish with Tomato and Caper Sauce



Key ingredients: Brown Rice, Fish, Yellow and Green Beans, Tomato Pulp, Onion, Chicken Stock, Capers, Tomato Paste,

Sugar, Thickener, Garlic, Herbs and Spice, Vegetable Oil, Salt, Vegetable Gums.

Intended use: General population, GFML, LCML, LFML, MOML, NBML, NLML, SFML.

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging: Size: 230am per serve.

Units: 42 meals per carton / 36 cartons per pallet.

Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Tofu with Szechuan Sauce



Size:

Jasmine Rice, Water, Tofu, Beans, Soy Sauce, Red Capsicum, Shallots, Vegetable Oil, Thickener, Chilli Key ingredients:

Sauce, Sugar, Garlic, Vinegar, Vegetable Gums.

General population, VOML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

250gm per serve.

42 meals per carton / 36 cartons per pallet. Units: Shelf life:

Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

### Spicy Chicken with Pilaf Rice



101883 SKU:

Brown Rice, Chicken, Tomato Pulp, Onion, Spinach, Chickpeas, Chicken Stock, Herbs and Spices, Garlic, Key ingredients:

Thickener, Vegetable Oil, Lemon Juice, Salt, Sugar, Vinegar, Mineral Salt, Vegetable Gum.

General population. Gluten Friendly, Diabetic, Hindu, Low Lactose, MOML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

240gm per serve.

Size: 42 meals per carton / 48 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Penne with Tomato and Roast Vegetables



Key ingredients: Penne, Tomato Pulp, Capsicum, Onion, Vegetable Oil, Salt, Garlic, Sugar, Thickener, Herbs and Spices,

Vinegar. Vegetable Gum.

Intended use: General population, MOML, VGML, Low Lactose.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Size:

230am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life:

Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Lamb Harissa and Kabsa Rice with Green Beans



103976

Basmati Rice, Lamb, Beans, Capsicum, Onion, Raisins, Tomato Pulp, Herbs and Spices, Salt, Tomato Key ingredients:

Paste, Vegetable Oil, Garlic, Thickener, Sugar, Vegetable Gum.

Intended use: General population, GFML, MOML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 250am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

# Tomato and Basil Spelt Ravioli with Tomato, Caper and Zucchini Sauce



103984 SKU:

Intended use:

Storage:

Key ingredients: Tomato, Basil, Ravioli, Filling, Breadcrumb, Onion, Wheat Flour, Brown Sugar, Salt, Broccoli, Tomato Pulp,

Zucchini Onion, Capers, Kalamata Olives, Herbs and Spices, Tomato Paste, Garlic, Vegetable Gum.

General population, VGML.

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

Size: 235gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Macaroni Cheese with Chicken



Key ingredients: Pasta, Milk, Chicken, Cheese, Mineral Salt, Tomato, Butter, Onion, Thickener, Salt, Vegetable Oil,

Emulsifier, Vegetable Gum, Spices.

General population, CHML, MOML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging: Size:

220gm per serve.

42 meals per carton / 48 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Green Pea and Methi Dhokla with Red Chilli Chutney



101888

Key ingredients: Vegetable, Water, Chick Pea Flour, Vegetable Oil, Chilli, Sugar, Soy Protein, Herbs and Spice, Lemon Juice,

Thickener, Salt, Corn Starch, Black Mustard Seed, Vegetable Gums, Baking Powder, Asafoetida.

Intended use: General population, AVML, MOML, VJML, VOML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Size:

170am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life:

Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

### Chicken Nuggets with Mash and Peas



SKU: 102670

**Kev ingredients:** Chicken Nuggets, Soy Protein, Salt, Sugar, Dextrose, Roast Chicken Flavour, Starch, Gluten, Egg Albumen, Acidity Regulators, Thickeners, Vegetable Oil, Whey Powder, Savoury Flavour, Colour. Intended use:

General population, CHML, MOML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 160am per serve.

Units: 42 meals per carton / 48 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Butter Chicken with Lemon Rice and Tempered Beans



Key ingredients: Basmati Rice, Chicken, Beans, Tomato Pulp, Cream, Coconut Cream, Onion, Butter Chicken Paste, Lemon

Juice, Salt, Herbs and Spices, Butter, Vegetable Oil, Thickener, Garlic, Channa, Urad Dhal.

Intended use: General population, HNML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Size:

240gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Coconut Vegetables and Noodles



101886

Key ingredients: Noodles, Preservative, Vitamin, Pumpkin, Coconut Cream, Water, Beans, Eggplant, Water Chestnut, Baby

Corn, Onion, Vegetable Oil, Sugar, Sweet Soy Sauce, Herbs and Spices, Salt, Thickener, Garlic.

General population, VOML.

Intended use: Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 230gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

# Chicken Tagine and Vegetable Brown Rice



103980

Size:

Key ingredients: Chicken, Water, Brown Rice, Tomato Pulp, Onion, Capsicum, Cauliflower, Chickpeas, Celery, Herbs and

Spices, Vegetable Oil, Raisins, Lemon Peel, Lemon Juice, Garlic, Thickener, Mineral Salt, Salt,

Intended use: General population, DBML, NBML, NLML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

240am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Vegetarian Nasi Goreng with Tofu



101879

Rice, Tofu, Water, Broccoli, Carrot, Shallots, Onion, Cabbage, Chilli Garlic Sauce, Soy Sauce, Tomato Key ingredients:

Sauce, Tamarind, Spices, Sugar, Tomato Paste, Vegetable Oil, Salt, Vinegar.

General population, MOML, VGML, VOML, Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

205gm per serve.

Size: 42 meals per carton / 36 cartons per pallet. Units: Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Tortilla with Spinach and Mushrooms and Slow Roasted Tomato



Intended use:

Packaging:

Storage:

Size:

Key ingredients: Cannellini Beans, Spinach, Tomato Pulp, Tortilla, Food Acid, Salt, Mineral Salt, Preservative, Yeast,

Tomato, Leek, Onion, Mushroom, Vegetable Oil, Salt, Mustard, Thickener, Sugar, Vinegar

General population, VGML. MOML.

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

199qm per serve.

Units: 42 meals per carton / 48 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients. Specification:

### Rajmah Masala, Rice and Cauli Pea Masala



SKU: 103978

Key ingredients: Basmati Rice, Kidney Beans, Cauliflower, Tomato Pulp, Peas, Vegetable Oil, Herbs and Spices, Salt,

Tomato Paste, Corn Starch, Sugar, Vegetable Gum, Thickener, Asafoetida.

General population, AVML, VJML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

240qm per serve.

Size: 42 meals per carton / 36 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage: Made in Australia from local and imported ingredients.

Origin: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Scrambled Eggs with Beans and Potato, Spinach and Mushroom



103141 SKU:

Intended use:

Size:

Origin:

Size:

Key ingredients: Egg, Potato, Beans, Tomato Milk, Onion, Mushroom, Spinach, Cheese, Tomato, Vinegar, Vegetable Oil,

Sugar, Thickener, Salt, Tomato Paste, Tamarind Pulp, Herbs and Spices, Mustard, Honey, Butter.

General population, MOML, NBML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

235gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life:

Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Vegetable and Channa Korma



Korma, Channa, Water, Tomato Paste, Vinegar, Ginger, Ghee, Salt, Garlic, Vegetable Gums, Chilli, Canola **Key ingredients:** 

Oil, Sugar, Thickener, Herbs, Spices, Basmati Rice. General population, AVML, HNML, MOML, VLML.

Intended use: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

230gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life:

Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

#### Chicken Bolognese with Penne



103979

Key ingredients: Penne, Tomato Pulp, Chicken Mince, Onion, Carrot, Celery, Cheese, Tomato Paste, Vinegar, Vegetable Oil,

Salt, Thickener, Garlic, Sugar, Vegetable Gum, Herb and Spice.

General population, CHML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

Size: 235am per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Fish with Kasundi and Brown Rice



Key ingredients: Brown Rice, Hake, Tomato Pulp, Eggplant, Capsicum, Chickpeas, Herbs and Spices, Lemon Juice, Onion,

Garlic, Thickener, Vinegar, Tomato Paste, Vegetable Oil, Vegetable Gum.

General population, SFML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

230am per serve. Size:

42 meals per carton / 36 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Poached Egg and Vegetable Cake with Lamb Sausage



101887

Key ingredients: Vegetable, Egg, Lamb and Rosemary Sausage, Sugar, Rosemary, Corn Flour, Colour, Hydrolysed Vegetable

Protein, Vegetable Oil, Flavours, Anticaking Agent, Water, Cannellini Beans, Tomato, Sugar.

General population, CHML, HNML, MOML.

Intended use: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

178gm per serve. Size:

42 meals per carton / 48 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

Storage:

#### Mild Butter Chicken



SKU: 103864

Intended use:

Kev ingredients: Basmati Rice, Chicken, Tomato Pulp, Cream, Peas, Coconut Cream, Onion, Butter Chicken Paste, Tandoori

Paste, Butter, Salt, Herbs and Spices, Vegetable Oil, Thickener, Garlic, Mineral Salt, Vegetable Gum.

General population.

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

400am per serve.

Size: 20 meals per carton / 36 cartons per pallet. Units: Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from at least 42% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Scrambled Egg, Baked Beans, Spinach and Basil, Mushrooms and Tomato



SKU: 103987

**Kev ingredients:** Egg, Mushroom, Water, Spinach, Cannellini Beans, Tomato, Tomato Pulp, Onion, Lentil Cream, Vegetable

Oil, Thickener, Vinegar, Tomato Paste, Mustard, Honey, Vegetable Gum, Lemon Juice.

Intended use: General population, DBML.

Packaging: Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

Size: 220gm per serve.

Units: 42 meals per carton / 36 cartons per pallet. Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Vegetable Curry Noodles



Key ingredients: Rice Flake Noodles, Capsicum, Beans, Lentil Cream, Herbs and Spices, Vegetable Oil, Salt, Lemon Juice,

Sugar, Vegetable Gum.

General population, VOML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

223gm per serve. Size:

42 meals per carton / 36 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

#### Penne with Peas and White Sauce



SKU: 103975

Key ingredients: Penne, Lentil Cream, Spinach, Pumpkin, Water, Peas, Onion, Mustard, Salt, Vegetable Oil, Thickener,

Emulsifier, Herbs and Spices, Vegetable Gum.

General population, VGML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

240am per serve.

Size: Units: 42 meals per carton / cartons per pallet. Frozen: 365 days from date of production. Shelf life:

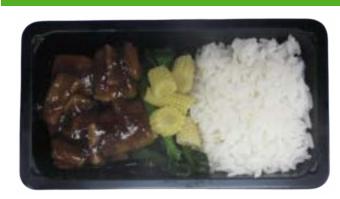
Thawed: 3 days once removed from freezer and stored below 4°C.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Made in Australia from local and imported ingredients. Origin:

Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Tofu with Black Mushroom Sauce



Size:

Jasmine Rice, Puffed Tofu, Choy Sum, Water, Shiitake Mushroom, Corn, Soy Sauce, Vegetarian Oyster Kev ingredients:

Sauce, Sugar, Thickener, Vegetable Oil, Salt, Spices, Vegetable Gum.

General population, MOML, VOML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

220am per serve.

42 meals per carton / 36 cartons per pallet. Units: Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Egg Masala, Dhal and Basmati Rice



SKU: 103973

Key ingredients: Basmati Rice, Egg, Water, Milk, Tomato, Lentils, Onion, Vegetable Oil, Herbs and Spices, Salt, Thickener,

Butter, Vegetable Gum. Black Mustard Seed. Lemon Juice. Emulsifier.

General population HNML, MOML. Intended use:

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs). Packaging:

220gm per serve. Size:

Units: 42 meals per carton / 36 cartons per pallet. Frozen: 365 days from date of production. Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

#### Scrambled Egg with Spinach and Mushroom and Chicken Sausage



Intended use:

Packaging:

SKU:

Size:

Units:

Packaging:

Shelf life:

Storage:

Origin:

Key ingredients: Egg, Mushroom, Chicken Sausage, Natural Flavour, Dehydrated Vegetables, Preservative, Vegetable Oil,

Spices Extract, Dextrose, Spinach, Milk, Tomato, Onion, Thickener, Vegetable Oil, Mustard,

General population, HNML, MOML.

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

199am per serve.

Size: 42 meals per carton / 48 cartons per pallet. Units: Shelf life: Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin: Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

# Shiitake Congee



103989

Key ingredients: Water, Shiitake Mushroom, Jasmine Rice, Corn, Goji Berries, Salt, Vegetable Oil, Vegetable Gum. Intended use:

General population, MOML, VOML.

Black CPET tray with clear film or coloured foil sheet (colour can change between production runs).

250gm per serve.

42 meals per carton / 36 cartons per pallet. Frozen: 365 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

### Grilled Chicken



SKU: Key ingredients: Intended use: Packaging: Size: Units: Shelf life: Storage:

Origin:

Specification:

280002

Chicken, Vegetable Oil, Marinade, Colour Rub.

General population, Healthcare, RG7.

Black rectangular half gastronome CPET tray sealed with polyester film.

16 servings per package / serving size 120gm - ca. 1.92kg in total.

4 trays per carton / 52 cartons per pallet. Frozen: 730 days from date of production Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions

Made in Australia from local and imported ingredients. Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis

Information Statement for detailed meal specification.

# Beef Blade Steak



SKU: Key ingredients: Intended use: Packaging: Size: Units: Shelf life: Storage: Origin: Specification:

Shelf life:

280001 Beef, Marinade, Salt, Acidity Regulator, Sodium Acetate, Vegetable Gum, Citrus Fibre, Yeast Extract, Sodium Citrate, Sodium Ascorbate, Ascorbic Acid. General population, Healthcare.

Black rectangular half gastronome CPET tray sealed with polyester film.

18 servings per package serving size 100gm - ca. 1.8kg in total.

4 trays per carton / 52 cartons per pallet. Frozen: 730 days from date of production

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients. Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis

Information Statement for detailed meal specification.

### **Grilled Hake**



280003

Key ingredients: Fish Vegetable Oil.

General population. Healthcare. Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging: 18 servings per package / serving size 98gm - ca. 1.7kg in total.

Size: 4 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production

> Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions

Storage: Made in Australia from local and imported ingredients. Origin:

#### Chicken Cacciatore



220145

Intended use:

Packaging:

Size:

Units: Shelf life:

Storage:

Specification:

Intended use:

Specification:

Key ingredients:

Intended use:

Packaging:

Size:

Units:

Shelf life:

Storage:

Origin:

Packaging:

Origin:

SKU:

Size:

Units:

Shelf life:

Chicken, Tomato Pulp, Water, Mushroom, Onion, Celery, Tomato Paste, Capsicum, Carrot, Capers, Garlic, Key ingredients: Balsamic Vinegar, Salt, Thickener, Vegetable Oil, Mineral Salt, Sugar, Herbs and Spices, Vegetable Gums.

General population, Healthcare (Texture 7 - Easy Chew).

Black rectangular half gastronome CPET tray sealed with polyester film.

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet.

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### **Butter Chicken**



220144

Chicken, Water, Onion, Tomato Paste, Cream, Herbs and Spices, Vegetable Oil, Garlic, Lemon Juice, Salt, Kev ingredients:

Thickener, Honey, Sugar, Mineral Salt, Vinegar, Vegetable Gums.

General population, Healthcare (Texture 7 - Easy Chew). Halal certified. Black rectangular half gastronome

CPET tray sealed with polyester film. 15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet. Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients. Storage: Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Sweet and Sour Pork



220073

Pork, Capsicum, Pineapple, Soy Sauce, Onion, Wine, Vinegar, Sugar, Tomato Pulp, Tomato Paste,

Thickener, Garlic, Spice, Vegetable Oil, Chicken Powder, Flavours, Salt, Vegetable Gums. General population, Healthcare (Texture 7 - Easy Chew, SB6 - Soft and bite-sized texture).

Black rectangular half gastronome CPET tray sealed with polyester film.

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet.

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

### Soy Braised Chicken with Shiitake and Shallots



SKU: 220146

Key ingredients: Chicken, Water, Shiitake Mushroom, Soy Sauce, Wine, Sugar, Thickener, Shallot, Spices, Garlic, Vegetable

Oil, Mineral Salt, Salt, Vegetable Gum.

Intended use: General population, Healthcare (Texture 7 - Easy Chew).

Packaging: Black rectangular half gastronome CPET tray sealed with polyester film.

Size: 15 servings per package / serving size 160gm - ca. 2.4kg in total.

Units: 4 trays per carton / 52 cartons per pallet. Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Fish with Lemon and Dill Sauce



220151

Intended use:

Origin:

Key ingredients: Hake, Cream, Onion, Lemon Juice, Thickener, Butter, Mustard, Garlic, Emulsifier, Vegetable Oil, Vegetable

Gums, Herbs and Spices. Contains no Key ingredients that require Halal certification.

General population, Healthcare (Texture 7 - Easy Chew).

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 142gm - ca. 2.13kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units:

Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage:

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Beef with Tomato and Onion



220143

Beef, Onion, Tomato Pulp, Wine, Celery, Tomato Paste, Thickener, Garlic, Salt, Herbs and Spices. **Key ingredients:** 

Vegetable Oil, Sugar, Worcestershire Sauce, Vegetable Gums.

General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 160gm - ca. 2.4kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units:

Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Chicken Cashew Satay



220148 SKU:

Kev ingredients: Beans, Chicken, Coconut Cream, Water, Cashew, Shallot, Herbs and Spices, Sugar, Vegetable Oil, Garlic,

Tamarind, Shrimp Paste, Salt, Vegetable Gums, Mineral Salt, Thickener,

General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 150gm - ca. 2.25kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production.

Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Made in Australia from local and imported ingredients.

Origin: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Lamb Kofta with Tomato and Oregano Relish



Key ingredients: Lamb, Tomato Pulp, Sugar, Tomato Paste, Onion, Vinegar, Herbs and Spices, Vegetable Oil, Egg,

Thickener, Garlic, Salt, Lemon Juice, Vegetable Gums. General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 150gm - ca. 2.25kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Moroccan Lentil Casserole



Key ingredients: Lentils, Water, Onion, Carrot, Tomato Pulp, Tomato Jam, Vegetable Oil, Soy Protein, Herbs and Spices,

Garlic, Lemon Juice, Thickener, Salt, Sugar, Vegetable Gums. No Key ingredients requiring Halal

certification.

General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

13 servings per package / serving size 180gm - ca. 2.34kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units:

Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

#### Macaroni and Cheese



Key ingredients: Pasta, Milk, Water, Cheese, Anti-Caking Agent, Onion, Parmesan, Cream, Breadcrumbs, Vegetable Oil,

Salt, Thickener, Herbs and Spices, Vegetable Gums. No Key ingredients requiring Halal certification.

Intended use: General population, Healthcare (Texture 7 - Easy Chew). Packaging:

Black rectangular half gastronome CPET tray sealed with polyester film.

Size: 12 servings per package / serving size 150gm - ca. 1.8kg in total.

Units: 4 trays per carton / 52 cartons per pallet. Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Lamb and Rosemary Ragu



SKU: 220154

Kev ingredients: Lamb, Tomato Pulp, Celery, Onion, Carrot, Wine, Tomato Paste, Salt, Vegetable Oil, Garlic, Lemon Juice,

Thickener, Herbs and Spices, Vegetable Gums.

General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging: 13 servings per package / serving size 175gm - ca. 2.275kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units:

Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### **Beef Goulash**



220141 SKU:

Storage:

Beef, Water, Onion, Tomato Pulp, Vegetable Oil, Herbs and Spices, Demi Glace, Thickener, Salt, Garlic, Key ingredients:

Vegetable Gums.

General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 160gm - ca. 2.4kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units:

Frozen: 730 days from date of production. Shelf life:

> Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

#### Palak Paneer



220155

Paneer, Citric Acid, Calcium Chloride, Preservative, Thickener, Canola Oil, Spinach, Tomato Pulp, Onion, Key ingredients:

Cream, Herbs and Spices, Vegetable Oil, Thickener, Salt, Tomato Paste, Garlic, Sugar, Vegetable Gums.

General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 140gm - ca. 2.1kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units: Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be Storage:

stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Fish with Tomato and Caper Sauce



SKU: 220152

Key ingredients: Hake, Tomato Pulp, Onion, Capers, Chicken Stock, Tomato Paste, Herbs and Spices, Sugar, Thickener,

Garlic, Vegetable Oil, Vegetable Gums.

General population, Healthcare (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 142gm - ca. 2.13kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units:

Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Minced Pork with Preserved Vegetable



Key ingredients:

Size:

Pork, Spicy Mustard Tuber, Rapeseed Oil, Sugar, Fermented Soy Sauce Powder, Cooking Wine. Sov Sauce. Thickener, Vegetable Oil, Oyster Sauce, Spices, Sugar, Garlic, Wine, Vegetable Gums, Chicken Powder.

General population. Healthcare.

Intended use: Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production. Shelf life:

> Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Made in Australia from local and imported ingredients. Origin: Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Fish with Pumpkin, Coconut and Kaffir Lime Sauce



SKU:

Size:

Size:

Units:

Specification:

Intended use:

Storage:

Specification:

Key ingredients: Hake, Coconut Cream, Pumpkin, Chicken Stock, Onion, Tomato Pulp, Tomato, Sugar, Fish Sauce,

Vegetable Oil, Lemon Juice, Herbs and Spices, Thickener, Salt, Garlic, Vegetable Gums.

General population, Healthcare, (Texture 7 - Easy Chew). Intended use: Packaging:

Black rectangular half gastronome CPET tray sealed with polyester film.

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet. Units: Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Macaroni Cheese with Chicken



SKU: 220147

Kev ingredients: Pasta, Milk, Chicken, Cheese, Mineral Salt, Tomato, Butter, Onion, Thickener, Salt, Vegetable Oil,

Vegetable Gums, Mineral Salt, Spices.

General population, Healthcare. Halal certified, (Texture 7 - Easy Chew). Intended use: Black rectangular half gastronome CPET trav sealed with polyester film. Packaging:

12 servings per package / serving size 150gm - ca. 1.8kg in total.

4 travs per carton / 52 cartons per pallet. Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage:

Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Pasta with Meatballs and Tomato Sauce



SKU: 220065

Key ingredients: Pasta, Meatballs, Water, Onion, Soy Protein, Crumb, Vegetables, Rice Flour, Herbs and Spices, Sugar,

Mineral Salt, Tomato Pulp, Onion, Tomato Jam, Vegetable Oil, Salt, Garlic, Thickener, Herbs and Spices.

General population, Healthcare.

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

13 servings per package / serving size 180gm - ca. 2.4kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units:

Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.



#### Roast Chicken



220054 SKU:

Intended use:

Packaging:

Size:

Units:

Chicken, Water, Gravy Base, Sugar, Flavours, Yeast Extract, Hydrolysed Maize Protein, Colour, Flavour Key ingredients:

Enhancer, Onion, White Wine, Colour, Mineral Salt, Thickener, Vegetable Gums, Vegetable Oil.

General population, Healthcare.

Black rectangular half gastronome CPET tray sealed with polyester film.

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet.

Units: Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Made in Australia from at least 95% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Lamb Moussaka



220077

Key ingredients: Lamb, Salt, Acidity Regulator, Yeast, Tomato Pulp, Eggplant, Onion, Capsicum, Lentils, Wine, Thickener,

Salt, Vegetable Oil, Herbs and Spices, Vinegar, Garlic, Vegetable Gums.

General population, Healthcare, (Texture 7 - Easy Chew). Intended use:

Packaging: Black rectangular half gastronome CPET tray sealed with polyester film.

15 servings per package / serving size 160gm - ca. 2.4kg in total. Size:

4 trays per carton / 52 cartons per pallet. Shelf life:

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Braised Chicken with Mustard and Cream



SKU: 220093

Key ingredients: Chicken, Milk, Water, Cream, Mustard, Sugar, Acidity Regulator, Herbs, Spices, Garlic Extract, Thickener,

Lemon Juice, Salt, Vegetable Oil, Emulsifier, Mineral Salt, Vegetable Gums, Spice, Sugar.

General population, Healthcare. Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 160gm - ca. 2.4kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Tuna Puttanesca



220150 SKU:

Spaghetti, Salt, Tomato Pulp, Tuna, Springwater, Vegetable Broth, Salt, Olives, Tomato Paste, Herbs and Key ingredients:

Spices, Salt, Cheese, Vegetable Oil, Breadcrumb, Sugar, Capers, Garlic.

General population, Healthcare, (Texture 7 - Easy Chew) Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 160gm - ca. 2.4kg in total.

Size: 4 travs per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Stir Fried Beef Mince



Size:

Key ingredients: Beef, Water, Spicy Mustard Tuber, Flavour Enhancer, Rapeseed Oil, Sugar, Fermented Soy Sauce Powder,

Cooking Wine, Stabilizer, Artificial Sweetener, Soy Sauce, Thickener, Vegetable Oil.

General population, Healthcare, (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet. Units: Shelf life:

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from local and imported ingredients.

Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Singapore Noodles with Prawns



Kev ingredients: Rice Noodles, Chicken, Prawn, Capsicum, Egg, Carrot, Onion, Cabbage, Bean Sprout, Vegetable Oil,

Spices, Salt, Soy Sauce, Shallot, Garlic, Sesame Seeds, Chicken Stock, Mineral Salt, Thickener.

General population. Healthcare.

Intended use: Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

8 servings per package / serving size 255gm - ca. 2.04kg in total.

4 trays per carton / 52 cartons per pallet. Higher minimum order quantities (MoQs) apply.

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

Size:

Units:

Shelf life:

#### Vietnamese Fish Cha Ca



SKU: 220235

Kev ingredients: Hake, Water, Coconut Cream, Onion, Tamarind Concentrate, Soy Sauce, Sugar, Fish Sauce, Oyster Sauce,

Thickener, Shallot, Onion, Herbs and Spices, Garlic, Vegetable Oil, Salt, Lemon Juice.

Intended use: General population. Healthcare.

Packaging: Black rectangular half gastronome CPET tray sealed with polyester film.

Size: 8 servings per package / serving size 320gm - ca. 2.55kg in total. Units:

4 trays per carton / 52 cartons per pallet. Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Vietnamese Lemongrass Chicken



220234

Specification:

Intended use:

Packaging:

Size:

Units:

Chicken, Chicken Stock, Canola Oil, Antifoaming Agent, Fish Sauce, Lemongrass, Spices, Garlic, Shallot, Key ingredients:

Sugar, Thickener, Mineral Salt, Salt, Vegetable Gum..

General population, Healthcare. Intended use:

Black CPET tray sealed with polyester film. Packaging:

6 servings per package / serving size 345gm - ca. 2.07kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 82% Australian ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Lamb Provençal



220078

Kev ingredients: Lamb, Salt, Acidity Regulator, Yeast, Tomato Pulp, Carrot, Water, Celery, Onion, Wine, Thickener, Tomato

Paste, Vegetable Oil, Herbs and Spices, Vinegar, Garlic, Salt, Vegetable Gums.

General population, Healthcare, (Texture 7 - Easy Chew).

Black rectangular half gastronome CPET tray sealed with polyester film.

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet.

Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.



## Black Pepper and Oyster Mushroom Beef



SKU: 220231

Size:

Key ingredients: Teriyaki Beef, Salt, Sodium Erythorbate, Mineral Salt, Vegetable Gum, Citrus Fibre, Yeast Extract, Sauce,

Rice Wine, Water, Garlic, Ginger, Colour, Chicken Stock, Oyster Mushroom, Oyster Sauce.

Intended use: General population, Healthcare.

Packaging: Black CPET tray sealed with polyester film.

10 servings per package / serving size 200gm - ca. 2.0kg in total.

Units: 4 trays per carton / 52 cartons per pallet. Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 77% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Sweet and Sour Prawns



220229

Key ingredients: Prawns, Capsicum, Water, Soy Sauce, Onion, Pineapple, Wine, Sugar, Vinegar, Tomato Pulp, Tomato

Paste, Thickener, Garlic, Spices, Vegetable Oil, Chicken Stock, Salt, Vegetable Gum, Vinegar.

General population, Healthcare.

Intended use: Black CPET tray sealed with polyester film. Packaging:

10 servings per package / serving size 240gm - ca. 2.4kg in total. Size:

4 travs per carton / 52 cartons per pallet. Units: Shelf life:

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from at least 18% Australian ingredients.

Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Stir Fried Noodles with Asian Vegetables and Tofu



220200 SKU:

Noodles, Vitamin, Mushroom, Tofu, Water, Water, Carrot, Corn, Choy Sum, Onion, Broccoli, Black Fungus, Key ingredients:

Water Chestnut, Capsicum, Soy Sauce, Chilli Garlic Sauce, Spices, Soy Bean, Sugar.

Intended use: General population, Healthcare.

Packaging: Black CPET tray sealed with polyester film.

Size: 10 servings per package / serving size 131gm - ca. 1.32kg in total.

Units: 4 trays per carton / 52 cartons per pallet. Higher minimum order quantities (MoQs) apply. Shelf life:

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 46% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.



### Braised Chicken with Mustard and Cream



SKU: Kev 220055 ingredients:

Size:

Chicken, Salt, Food Acids, Mineral Salts, Milk, Water, Cream, Thickener, Mustard, Lemon Juice, Vegetable

Oil, Salt, Emulsifier, Spice, Vegetable Gum, Sugar.

General population, Healthcare, (Texture 7 - Easy Chew). Intended use:

Black rectangular half gastronome CPET tray sealed with polyester film. Packaging:

15 servings per package / serving size 160gm - ca. 2.4kg in total.

4 trays per carton / 52 cartons per pallet. Units: Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Blade Steak and Mushroom Sauce



220167

Key ingredients: Beef Blade Steak, Sodium Acetate, Vegetable Gum, Citrus Fibre, Yeast Extract, Sodium Citrate, Sodium

Ascorbate, Ascorbic Acid, Mushroom, Cream, Water, Onion, Wine, Butter, Gravy, Garlic,

General population. Healthcare.

Intended use: Black CPET tray sealed with polyester film. Packaging:

10 servings per package / serving size 200gm - ca. 2.0kg in total. Size:

Units: 4 trays per carton / 52 cartons per pallet. Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 94% Australian ingredients.

Important: this is a high level catalogue meal SKÜ overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### **Bratwurst Sausages and Onion Sauce**



220165

Intended use:

Packaging:

Shelf life:

Storage:

Size:

Units:

Key ingredients: Pork Sausages Antioxidant, Food Acid, Caramel Colour In Artificial Casing, Onion, Water, Apple, Tomato,

Vinegar, Tomato Jam, Sugar, Demi Glace, Thickener, Herbs and Spices, Vegetable Oil, Garlic.

General population. Healthcare.

Black CPET tray sealed with polyester film.

10 servings per package / serving size 200gm - ca. 2.0kg in total.

4 trays per carton / 52 cartons per pallet.

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 86% Australian ingredients. Origin:

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product



#### Paella with Chicken and Chorizo



220185 SKU:

Intended use:

Size:

Units:

Storage:

Specification:

Origin:

Chicken, Arborio Rice, Water, Chorizo, Food Acids, Antioxidant, Preservative, Onion, Peas, Capsicum, Kev ingredients:

Tomato Pulp, Vegetable Oil, Garlic, Salt, Herbs and Spices, Sugar, Shallot, Thickener.

General population, Healthcare.

Black CPET tray sealed with polyester film. Packaging:

8 servings per package / serving size 255gm - ca. 2.04kg in total.

4 travs per carton / 52 cartons per pallet. Higher minimum order quantities (MoOs) apply.

Shelf life: Frozen: 730 days from date of production.

> Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Origin: Made in Australia from at least 58% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Chicken Yakisoba, Noodles and Pickled Ginger



SKU: 220196

Key ingredients: Noodles, Preservative, Vitamin, Chicken, Choy Sum, Cabbage, Onion, Mushroom, Sugar, Carrot, Soy

Sauce, Tomato Pulp, Wine, Tomato Paste, Vinegar, Worcestershire Sauce, Pickled Ginger.

General population, Healthcare.

Intended use: Black CPET tray sealed with polyester film. Packaging:

10 servings per package / serving size 221gm - ca. 2.21kg in total. Size:

4 trays per carton / 52 cartons per pallet. Higher minimum order quantities (MoQs) apply. Units:

Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from at least 72% Australian ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification:

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Char Kway Teow Style Rice Noodles with Tofu and Beansprouts



Kev ingredients:

Rice Flake Noodles, Tofu, Water, Onion, Spinach, Beans, Mushroom, Soy Sauce, Preservative, Potassium

Sorbate, Cabbage, Beansprouts, Spices, Chilli Garlic Sauce, Sugar, Shallot, Thickener.

Intended use: General population, Healthcare.

Packaging: Black CPET tray sealed with polyester film.

Size: 4 servings per package / serving size 326gm - ca. 1.30kg in total.

Units: 4 trays per carton / 52 cartons per pallet. Higher minimum order quantities (MoQs) apply. Shelf life:

Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from at least 61% Australian ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product



## Steamed Vegetables



SKU:

Key ingredients: Cauliflower, Green Beans, Broccoli, Soy Beans,

Salt. Pepper.

Intended use: General population, Healthcare.

Packaging: Black CPET tray sealed with polyester film. Size:

10 servings per package / serving size 220gm - ca. 2.2kg in total.

Units: 4 trays per carton / 52 cartons per pallet. Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 93% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Salmon with Ginger and Shallot Sauce



SKU: 220198

Kev ingredients: Salmon, Water, Light Soy Sauce, Shallot, Soy Sauce, Japanese Mirin, Sake, Sugar, Ginger, Vegetable Oil,

Thickener, Corn Starch, Bonito Stock Powder, Vegetable Gum.

General population, Healthcare. Intended use:

Black CPET tray sealed with polyester film. Packaging:

10 servings per package / serving size 220gm - ca. 2.0kg in total. Size:

4 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Origin: Made in Australia from at least 87% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Green Curry Chicken



Kev ingredients: Chicken, Coconut Cream, Water, Eggplant, Green Beans, Water Chestnut, Palm Sugar, Green Curry Paste,

Fish Sauce, Thickener, Herbs and Spices, Lemon Juice, Mineral Salt, Vegetable Oil, Emulsifier.

General population, Healthcare. Intended use:

Packaging: Black CPET tray sealed with polyester film.

10 servings per package / serving size 220gm - ca. 2.0kg in total.

4 travs per carton / 52 cartons per pallet. Units: Shelf life: Frozen: 730 days from date of production.

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 73% Australian ingredients. Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

Size:



#### Sweet and Sour Prawns and Rolled Rice Noodles



SKU: 220237

Intended use:

Packaging:

Size:

Key ingredients: Rice Flake Noodles, Prawn, Carrot, Chicken Stock, Celery, Capsicum, Shallot, Sugar, Vinegar, Soy Sauce,

Vegetable Oil, Thickener, Rice Wine, Spices, Salt, Vegetable Gum.

General population, Healthcare.

Black CPET tray sealed with polyester film.

5 servings per package / serving size 356gm - ca. 1.78kg in total.

Units: 4 trays per carton / 52 cartons per pallet. Frozen: 730 days from date of production. Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Origin: Made in Australia from at least 40% Australian ingredients.

Specification: Important: this is a high level catalogue meal SKŪ overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Jasmine Rice



SKU: 220177 Key ingredients: Jasmin Rice

Intended use: General population.

Packaging: Black CPET tray sealed with polyester film.

Size: 20 servings per package / serving size 90qm - ca. 1.8kg in total. 4 trays per carton / 52 cartons per pallet. Units:

Frozen: 730 days from date of production Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions

Storage: Made in Australia from at least 47% Australian ingredients. Important: this is a high level catalogue meal

Origin: SKU overview only. Please request the detailed Product Specification Sheet and Nutritional Analysis Specification:

Information Statement for detailed meal specification.

### Lap Cheong Fried Rice with Prawns



Kev ingredients: Jasmine Rice, Water, Egg, Prawns, Bacon, Vegetable Gums, Canola Oil, Herb and Spice Extracts, Lap

Cheong Sausage, Shallot, Vegetable Oil, Soy Sauce, Peas, Carrot, Corn, Garlic, Salt, Spice.

Intended use: General population.

Black CPET tray sealed with polyester film. 4 servings per package / serving size 255gm - ca. 1.02kg in Packaging:

Size: total. 6 trays per carton / 52 cartons per pallet. Units: Frozen: 730 days from date of production

Shelf life:

Thawed: 3 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions

Storage: Made in Australia from at least 55% Australian ingredients.

Origin: Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification: Specification Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Sample Soup and Sauce



#### Chicken and Corn Soup



300127 SKU:

Water, Corn, Chicken, Vegetable Oil, Shallot, Soy Sauce, Wine, Thickener, Spices, Garlic, Salt, Sugar, Key ingredients:

Vegetable Gums.

Intended use: General population. Healthcare.

Packaging: EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout.

Size: 10 x servings per package / serving size 200gm.

Units: 5 bags (net weight 10kg) per carton / 64 cartons per pallet.

Shelf life: Frozen: 540 days from date of production

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.

## Pea and Ham Soup



Water, Split Peas, Bacon, Peas, Onion Key ingredients: Butter, Thickener, Sugar, Salt, Spice. General population. Healthcare. Intended use:

Packaging: EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout.

Size: 10 x servings per package / serving size 200gm.

Units: 5 bags (net weight 10kg) per carton / 64 cartons per pallet.

Shelf life: Frozen: 540 days from date of production

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.

## Spring Pea and Spinach Soup



Key ingredients: Peas, Water, Onion, Cream, Spinach, Vegetable Oil,

Garlic, Salt, Herbs and Spices, Vegetable Gums.

General population, Healthcare. Contains no key ingredients that require Halal certification. Intended use:

EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout. Packaging:

10 x servings per package / serving size 200gm. Size:

5 bags (net weight 10kg) per carton / 64 cartons per pallet. Units:

Shelf life: Frozen: 540 days from date of production

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.



## Bean and Bacon Soup



300129 SKU:

Key ingredients: Kidney Beans, Water, Tomato Pulp, Bacon, Mineral Salts, Vegetable Gums, Vegetable Protein, Canola Oil,

Preservative, Yeast Extract, Celery, Carrot, Onion, Sugar, Thickener, Vegetable Oil, Garlic, Lemon Juice.

Intended use: General population. Healthcare.

Packaging: EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout.

Size: 10 x servings per package / serving size 200gm.

Units: 5 bags (net weight 10kg) per carton / 64 cartons per pallet.

Shelf life: Frozen: 540 days from date of production

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions. Origin:

Made in Australia from local and imported ingredients. Specification:

Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.

## Tomato and Basil Soup



300092

Tomato, Water, Onion, Sugar, Vegetable Oil, Kev ingredients: Basil, Salt, Garlic, Spice, Vegetable Gums.

Intended use: General population, Halal suitable.

Packaging: EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout.

Size: 10 x servings per package / serving size 200gm.

Units: 5 bags (net weight 10kg) per carton / 64 cartons per pallet.

Shelf life: Frozen: 540 days from date of production

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from at least 51% Australian ingredients.

Specification: Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.

#### Pumpkin and Ginger Soup



300082 SKU:

Pumpkin, Water, Onion, Herbs and Spices, Vegetable Oil, Tomato, Garlic, Thickener, Lemon Juice, Salt, Key ingredients:

Celery, Sugar, Vegetable Gums.

General population. Intended use:

EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout. Packaging:

10 x servings per package / serving size 200gm. Size:

5 bags (net weight 10kg) per carton / 64 cartons per pallet. Units:

Frozen: 540 days from date of production Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from at least 93% Australian ingredients. Origin:

Specification: Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.

## Sample Soup and Sauce







300001 SKU:

Water, Soy Sauce, Oyster Sauce, Modified Starch, Wheat Flour, Colour, Thickener, Spice, Garlic, Sugar, Key ingredients:

Vinegar, Sesame Oil, Chicken Powder, Flavour Enhancers, Flavours.

General population. Intended use:

EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout. Packaging:

10 x servings per package / serving size 200gm. Size:

5 bags (net weight 10kg) per carton / 64 cartons per pallet. Units:

Frozen: 540 days from date of production Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Storage: Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.

#### **Bechamel Sauce**



300003 SKU:

Size:

Storage:

Key ingredients: Milk, Butter, Onion, Modified Tapioca Starch, Salt, Canola Oil,

Emulsifier, Vegetable Gums, Spices.

General population, MOML. Intended use:

EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout. Packaging:

10 x servings per package / serving size 200gm.

5 bags (net weight 10kg) per carton / 64 cartons per pallet. Units:

Frozen: 540 days from date of production Shelf life:

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Specification: Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.

### Beef Bolognese Sauce



300008 SKU:

Beef Mince, Tomato, Celery, Onion, Carrot, Vinegar, Salt, Thickener, Garlic, Vegetable Oils, Sugar, Herb, Key ingredients:

Vegetable Gums, Pepper.

General population. Halal suitable. Intended use:

EVOH laminate pouch bag (275 x 295mm) with low profile pouring capped spout. Packaging:

10 x servings per package / serving size 200gm. Size:

5 bags (net weight 10kg) per carton / 64 cartons per pallet. Units:

Shelf life: Frozen: 540 days from date of production

Thawed: 7 days once removed from freezer and stored below 4°C. 3 days once opened.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Origin: Made in Australia from local and imported ingredients.

Specification: Important: this is a high level catalogue soup SKU overview only. Please request the detailed Product

Specification Sheet and Nutritional Analysis Information Statement for detailed soup specification.



### Blueberry Muffin



SKU:

Storage:

Description: Key ingredients: Weight: Size and height: Units per pack: Serving Size: Shelf life:

Origin: Specification: G04002200000006

Muffins filled with frozen blueberries.

Bakels Cream Muffin Mix, Egg, Oil, Water, Blueberries.

60gm 7x6cm

140 units per carton.

Frozen: 180 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Chocolate Chip Muffin



SKU: Description: Key ingredients: Weight: Size and height:

Units per pack: Serving Size:

Shelf life:

Storage:

Origin: Specification: G04002200000008

Chocolatey 60gm muffin.

Chocolate Muffin Mix, Egg, Water, Chocettes, Oil.

60gm 6.5x6cm

140 units per carton.

Frozen: 180 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Mango Cheesecake



SKU:

Description: Key ingredients:

Weight: Size and height: Units per pack:

Serving Size:

Shelf life:

Storage: Origin:

Specification:

G0200220H000015

Cold set cheesecake with a biscuit base and mango mirror.

Biscuit Crumb, Butter, White Chocolate, Water, Cream Cheese, Milk, Sugar.

55qm 5x5cm

192 units per carton.

Frozen: 180 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification



#### Mixed Berry Cheesecake



SKU: Description: Key ingredients: Weight: Size and height: Units per pack: Serving Size: Shelf life:

Storage: Origin: Specification: G02002200000018

Cold set cheesecake with a biscuit base and mixed berry mirror.

Biscuit Crumb, Butter, White Chocolate, Water, Lemon Juice, Raspberry.

5x5cm

192 units per carton.

G02002200000019

192 units per carton.

Frozen: 180 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Cold set cheesecake with a biscuit base and passionfruit berry mirror.

Biscuit Crumb, Butter, White Chocolate, Water, Cream Cheese, Lemon Juice.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Passionfruit Cheesecake



SKU: Description: Key ingredients: Weight: Size and height: Units per pack: Serving Size: Shelf life:

Storage:

Specification:

Origin:

55gm

5x5cm

Frozen: 180 days from date of production. Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Raspberry Brownie Slice



SKU: Description: Key ingredients: Weight: Size and height: Units per pack: Serving Size: Shelf life:

Storage: Origin: Specification: G0100220H000209

Chocolatey 63gm cake slice.

Chocolate Mud cake Mix, Eggs, Oil, Raspberries, Chocolate Paste.

63gm 7x6cm

105 units per carton.

Frozen: 180 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification



## Apple Crumble Tea Cake



SKU: G0100220H000263

Description: Apple custard filling on biscuit base with golden crumble topping. Kev ingredients: Apples, Flour, Margarine, Biscuit Crumb, Custard Powder, Raisins, Sugar,

Weight: Size and height: 5x5cm

Units per pack: 105 units per carton.

Serving Size:

Shelf life: Frozen: 180 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C. Product should be stored and transported at or below -18°C in clean, dry conditions. Storage:

Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification Specification:

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Slice Lemon Crumble



G0100220H000212

Soft lemon tea cake with crumble topping. Description:

Madelena Mix, Lemon Curd, Oil, Flour, Lemon Juice, Butter, Sugar.

7.6cm

Size and height: 105 units per carton. Units per pack:

Serving Size:

SKU:

Shelf life:

SKU:

Key ingredients: Weight:

Size and height: Units per pack:

Serving Size:

Specification:

Shelf life:

Storage:

Origin:

Specification:

Key ingredients: Weight:

Frozen: 180 days from date of production.

Thawed: 3 days once removed from freezer and stored below 4°C.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Storage: Made in Australia from local and imported ingredients. Origin:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

### Corn and Zucchini Frittata



410001

Water, Egg, Zucchini, Quiche Mix, Thickener, Salt, Onion, Cheddar Cheese.

35 units per tray / 4 trays per carton

Frozen: 365 days from date of production.

Use within I week of thawing and within 3 days of opening.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification







SKU: Description: Key ingredients: Weight: Size and height: Units per pack: Serving Size: Shelf life:

Storage: Origin: Specification:

410002 Water, Egg, Onion, Potato, Quiche Mix, Thickener, Salt, Cheddar Cheese. 35 units per tray / 4 trays per carton Frozen: 365 days from date of production.

Use within 1 week of thawing and within 3 days of opening.

Water, Pumpkin, Egg, Quiche Mix, Thickener, Salt, Feta Cheese.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

## Pumpkin and Feta Fritatta



SKU: Key ingredients: Weight: Size and height: Units per pack: Serving Size: Shelf life:

35 units per tray / 4 trays per carton Frozen: 365 days from date of production. Use within 1 week of thawing and within 3 days of opening.

410003

Product should be stored and transported at or below -18°C in clean, dry conditions. Storage: Made in Australia from local and imported ingredients. Origin: Specification:

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification

Sheet and Nutritional Analysis Information Statement for detailed meal specification.

#### Cheese, Tomato and Chive Fritatta



SKU: Key ingredients: Weight: Size and height: Units per pack: Serving Size: Shelf life:

Storage: Origin: Specification: 410004 Water, Egg, Zucchini, Potato, Quiche Mix, Salt, Onion, Chives. 35 units per tray / 4 trays per carton

Frozen: 365 days from date of production. Use within 1 week of thawing and within 3 days of opening.

Product should be stored and transported at or below -18°C in clean, dry conditions.

Made in Australia from local and imported ingredients.

Important: this is a high level catalogue meal SKU overview only. Please request the detailed Product Specification



#	SKU	Export	Description	Weight (gm)	Items per Carton	Cartons per Pallet
1	150038	-	Honey Soy Chicken with Jasmine Rice and Greens	240	42	36
2	150033	-	Beef Goulash with Basic Brown Sauce	230	42	36
3	150034	-	Soy Braised Chicken with Shiitake and Shallot Sauce and Hokkien Noodles	240	42	36
4	240082	192025	Butter Chicken	430	36	32
5	240101	192026	Roast Chicken with Seasoned Potatoes, Peas and Carrots	430	36	32
6	160104	-	Scrambled Egg with Smoky Chicken Sausages, Tomato Relish and Potato	285	36	32
7	150032	-	Onion, Potato and Pepper Frittata with Bacon, Braised Beans and Potato	181	42	36
8	240102	-	Sweet and Sour Pork with Jasmine Rice	430	36	32
9	240100	192016	Beef with Tomato and Onion	430	36	32
10	240104	-	Spiced Braised Pork with Rice, Cauliflower and Beans	430	36	32
11	160107	191008	Roasted Chicken Thigh with Chat Potatoes	370	36	32
12	240106	192028	Turmeric Chicken with Coconut and Lemongrass Sauce, Rice and Vegetables	430	36	32
13	240108	192019	Pasta with Meatballs with Tomato and Spinach Sauce	434	36	32
14	240105	192017	Lamb Moussaka with Risoni, Beans and Carrots	430	36	32
15	160101	-	Beef Lasagne with Beans and Creamed Spinach	375	36	32
16	240083	192013	Lamb Roghan Josh	430	36	32
17	240085	192014	Beef with Mashed Potato	430	36	32
18	240109	192020	Rissoles with Onion Gravy, Potato, Peas and Carrots	410	36	32
19	240080	192024	Chicken Cacciatore	430	36	32
20	240088	-	Red Curry Fish with Jasmine Rice and Coriander	420	36	32
21	150050	-	Cheese Ravioli with Spinach, Pumpkin and Basil	215	42	36
22	240081	192012	Spaghetti Bolognese	430	36	32
23	160033	191009	Honey and Soy Chicken with Jasmine Rice, Sugar Snaps and Sesame Seeds	333	36	32
24	160097	-	Spicy Teriyaki Chicken with Koshihikari Rice	345	36	32
25	160057	-	Vegetable Quiche Accompanied with Potatoes, Zucchini and Red Onion	285	36	32
26	240116	192029	Thai Red Chicken Curry with Coriander Rice	430	36	32
27	240103	192027	Chicken with Tomato and White Wine Sauce	430	36	32
28	160058	-	Ricotta and Sage Ravioli with Tomato, Onion Sauce and Toasted Almonds	330	36	32
29	240092	-	Rajmah Curry with Vegetable Masala	430	36	32
30	240099	-	Ambati Dhal with Tomato Curry	430	36	32
31	160044	-	Cheese and Chive Omelette, Beef Chipolata, Spinach and Mushroom	230	36	32
32	240107	192018	Sweet Curry Beef with Basmati Rice, Carrots and Beans	430	36	32
33	240113	192011	Braised Chicken with Mustard and Cream	430	36	32
34	240119	-	Fish with Black Pepper Sauce and Jasmine Rice	435	36	32
35	150036	-	Tortellini with Cauliflower Rosetta Sauce	230	42	36

## Sample Generic Meals

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36	150046		Spinach and Tomato Frittata with Braised Beans	205	42	48
		-		430	36	32
37	240114	192021	Beef Bourguignon with Horseradish Mash and Vegetables	430	36	32
38	240117	192022	Lamb Provençal with Risoni and Peas	430	36	32
39	240093	-	Channa Masala with Lemon Rice	310	36	72
40	160027	-	Pumpkin Tortellini, Tomato and Eggplant Ragu with Toasted Feta Crumb			72
4]	240089	_	Chinese Stir Fried Pork Mince with Udon Noodles	430	36	32
42	240091	_	Lentil and Edamame with Cranberry Cous Cous	430	36	32
43	240096		Penne with Tomato and Roasted Vegetables	430	36	32
		-		426	36	32
44	240086	-	Cauliflower and Chickpea Chermoula	310	36	32
45	160028	-	Char Kway Teow Style Rice Noodles with Asian Greens, Sprouts, Tofu and Chilli	430	36	32
46	160026	-	Mushroom Ravioli with Pea and Spinach Cream Sauce and Parmesan	430	36	32
47	240097	-	Cheese Ravioli with Spinach and Basil Sauce			52
48	240098	_	Penne with Peas and White Sauce	430	36	52
49	240087	_	Pasta with Tomato and Vegetables	430	36	32
			9	430	36	32
50	160108	-	Scrambled Eggs, Smoky Chicken Sausage, Beans, Potato and Spinach	290	36	32
51	240118	-	Mild Beef Curry with Coriander Sauce	430	36	32
				100	00	02

## Sample Chinese-style Meals

#	CIZII	Evenorit		Weight (gm)	Items per Carton	Cartons per Pallet
	SKU	Export	Description	230gm	42	36
1	150058	-	Chicken Noodles	244gm	42	36
2	150059	-	Vegetable and Fried Rice	24gm	42	36
3	150060	-	Steamed Hake Fillet with Ginger Soy Sauce, Stir Fried Greens and Carrot	205gm	42	36
4	150061	-	Chinese Fried Rice and Port	J		

## Popular Special Meal Choices

ш	CIZII			Weight (gm)	Items per Carton	<b>Cartons per Pallet</b>
#	SKU	Export	Description	242	42	36
1	101874	-	Dhal with Vegetable Masala	220	42	36
2	101870	_	Semolina Uppma and Sambar Dhal	240	42	36
3	101884	191007	Lamb Rogan Josh with Pea Pilaf	240	42	48
4	103990	-	Chicken Pie with Mash Top	242	42	48
5	101881	-	Red Kidney Bean Masala and Cauliflower Pea Masala	200	42	36
6	100711	-	Scrambled Egg with Potato and Beans	225	42	36
7	103985	-	Onion, Potato and Pepper Frittata with Potato and Baked Beans	235	42	36
8	101878	-	Cheese Ravioli with Spinach, Pumpkin and Basil	220	42	36
10	103982 101190	-	Pea and Spinach Cakes with Tomato, Potato and Ranch Beans Grilled Chicken with Sweet Corn Relish	210	42	48



## Sample Special Meals

#	SKU	_		Weight (gm)	Items per Carton	Cartons per Pallet
**	SKU	Export	Description	230	42	36
77		_	Fish with Tomato and Caper Sauce	250	42	36
11	101190	_	Tofu with Szechuan Sauce	240	42	48
12	101186	-	Spicy Chicken with Spiced Pilaf Rice	230	42	36
13	101875 101883	-	Penne with Tomato and Roast Vegetables	250	42	36
14	101889	-	Lamb Harissa and Kabsa Rice with Green Beans	235	42	36
15	103976	-	Tomato and Basil Spelt Ravioli with Tomato, Caper and Zucchini Sauce	220	42	48
16	103984	-	Macaroni Cheese with Chicken	170	42	36
17	100685	-	Green Pea and Methi Dhokla with Red Chilli Chutney	160	42	48
18	101888	_	Chicken Nuggets with Mash and Peas	100	72	40
19	102670	-		240		7.6
20	103986	-	Butter Chicken with Lemon Rice and Tempered Beans Coconut Vegetables and Noodles	230	42	36 36
21	101886	-	Chicken Tagine and Vegetable Brown Rice	240	42	36
22	103980	-	Vegetarian Nasi Goreng with Tofu	205	42	36
23	101879	-	Tortilla with Spinach and Mushrooms and Slow Roasted Tomato	199	42 42	48
24 25	101880 103978	-	Rajmah Masala, Rice and Cauli Pea Masala	240	42	36
25 26	103978	-	Scrambled Egg with Beans and Potato, Spinach and Mushroom	235	42	36
27	100705	_	Vegetable and Channa Korma	230	42	36
28	103979	-	Chicken Bolognese with Penne	235	42	36
29	103983	-	Fish with Kasundi and Brown Rice	230	42	36
30	101887	-	Poached Egg and Vegetable Cake With Lamb Sausage	178 220	42	48
31	103987	-	Scrambled Egg, Baked Beans, Spinach and Basil, Mushrooms and Tomato	223	42	36
32 33	103977 103975	-	Vegetable Curry Noodles	240	42	36
33 34	103975	-	Penne with Peas and White Sauce	220	42	36
35	103974	-	Tofu with Black Mushroom Sauce	220	42	36
36	101885	-	Egg Masala, Dhal and Basmati Rice	199	42	36 48
37	103989	-	Scrambled Egg with Spinach and Mushroom and Chicken Sausage Shiitake Congee	250	42	48 36
			Silitake Congee		42	30

1	280002	-	Grilled Chicken	1920	4	52
2	280001	-	Beef Blade Steak	1800	4	52
3	280003	-	Grilled Hake	1700	4	52
4	220145	-	Chicken Cacciatore	2400	4	52
5	220144	-	Butter Chicken	2400	4	52
6	220073	-	Sweet and Sour Pork	2400	4	52
7	220146	-	Soy Braised Chicken with Shiitake and Shallots	2400	4	52
8	220151	-	Fish with Lemon and Dill Sauce	2130	4	52
9	220143	-	Beef with Tomato and Onion	2400	4	52
10	220148	-	Chicken Cashew Satay	2250	4	52
11	220153	-	Lamb Kofta with Tomato and Oregano Relish	2250	4	52
12	220156	-	Moroccan Lentil Casserole	2340	4	52
13	220157	-	Macaroni and Cheese	1800	4	52
14	220154	-	Lamb and Rosemary Ragu	2275	4	52
15	220141	-	Beef Goulash	2400	4	52
16	220155	-	Palak Paneer	2100	4	52
17	220152	-	Fish with Tomato and Caper Sauce	2130	4	52
18	220140	-	Minced Pork with Preserved Vegetables	2400	4	52
19	220149	-	Fish with Pumpkin, Coconut and Kaffir Lime Sauce	2400	4	52
20	220147	-	Macaroni Cheese with Chicken	1800	4	52
20	220065	-	Pasta with Meatballs and Tomato	2400	4	52
22	220054	_	Roast Chicken	2400	4	52
23	220077	_	Lamb Moussaka	2400	4	52
	220093	_	Braised Chicken with Mustard and Cream	2400	4	52
24	220150	_	Tuna Puttanesca	2400	4	52
25	220142	_	Stir Fried Beef Mince	2400	4	52
26	220186	_	Singapore Noodles with Prawns	2040	4	52
27	220235	_	Vietnamese Fish Cha Ca	2550	4	52 52
28	220234	_	Vietnamese Lemongrass Chicken	2070	4	
29	220078	_	Lamb Provençal	2400	4	52
30	220231	_	Black Pepper and Oyster Mushroom Beef	2000	4	52 52
31	220231	_	Sweet and Sour Prawns	2400	4	
32	220200	_	Stir Fried Noodles with Asian Vegetables and Tofu	1312	4	52
33	220055	_	Braised Chicken with Mustard and Cream	2400	4	52
34	220167	_	Blade Steak and Mushroom Sauce	2000	<del></del> <u></u>	52
35	220165		Bratwurst Sausages and Onion Sauce	2000	4	52
36	220185		Paella with Chicken and Chorizo	2040	4	52
37	220196		Chicken Yakisoba, Noodles and Pickled Ginger	2210	4	52
38	220130	_	Char Kway Teow Style Rice Noodles with Tofu and Beansprouts	1304	4	52
39	220233	-	Steamed Vegetables	2000	<u>4</u>	52
40	220173	-	Salmon with Ginger and Shallot Sauce	2000	<u>4</u>	52
41	220198	-	Green Curry Chicken	2000	<del>'+</del> /.	52
42	220169	-	Chicken Cacciatore	1780	<del>'1</del> /.	52
43	220237	-	Jasmine Rice	1800	4	52
44	220177	-		1800	6	52
45	2201/9	-	Lap Cheong Fried Rice with Prawns	1020	Ю	52



#	SKU	Export	Description	Weight (gm)	Items per Carton	Cartons per Pallet
1 2 3 4 5 6 7 8	300127 300128 300126 300129 300092 300082 300001 300003	- - - - - - -	Chicken and Corn Soup Pea and Ham Soup Spring Pea and Spinach Soup Bean and Bacon Soup Tomato and Basil Soup Pumpkin and Ginger Soup Oriental Sauce Bechamel Sauce Beef Bolognese Sauce	2000 2000 2000 2000 2000 2000 2000 200	5 5 5 5 5 5 5 5	64 64 64 64 64 64 64 64

## Sample Pâtisserie and Fritatta Items

#	SKU	Description	Weight (gm)	Size (cm)	Items per Carton	Cartons per Pallet
1	G04002200000006	Blueberry Muffin	60gm	7x6	140	-
3	G04002200000008 G0200220H000015	Chocolate Chip Muffin  Mango Cheesecake	60gm 55gm	6x6 5x5	140 192	-
4	G020022011000013	Mixed Berry Cheesecake	58gm	5x5	192	-
5	G02002200000019	Passionfruit Cheesecake	55gm	5x5	192	-
6	G0100220H000209	Raspberry Brownie Slice	63gm	7x6	105	-
7	G0100220H000263	Apple Crumble Tea cake	60gm	5x5	105	-
8	G0100220H000212	Slice Lemon Crumble	55gm	7x6	105	-
9	410001	Corn and Zucchini Frittata	100gm	35x4 trays	-	_
10	410002	Potato and Capsicum Frittata	100gm	35x4 trays	-	_
11	410003	Pumpkin and Feta Frittata	100gm	35x4 trays	-	
12	410004	Cheese, Tomato and Chive Frittata	100gm	35x4 trays	-	-

## Definition of Codes Referenced in this Meal Catalogue

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9	AVML	Asian Vegetarian, Hindu Vegetarian	9	Level	7	Regular
9	BBML	Baby	9	Level	7	Regular Easy Chew (EC7)
9	BLML	Bland	9	Level	6	Soft and Bite-sized (SB6)
9	CHML	Child	9	Level	5	Minced and Moist (MM5)
9	DBML	Balanced Diet	9	Level	4	Puréed (PU4)
	FPML	Fruit Platter	9	Level	3	Liquidised
9	GFML	Gluten Intolerant				
9	HNML	Hindu non-Vegetarian				
9	KSML	Kosher				
9	LCML	Low Calorie				
9	LFML	Balanced Diet				
9	LSML	Balanced Diet				
9	MOML	Muslim				
9	NBML	No Beef				
	NLML	Lactose Intolerant				
9	RVML	Vegetarian Raw				
9	SFML	Seafood				
9	VGML	Vegan				
9	VJML	Vegetarian Jain				
9	VLML	Vegetarian Lacto-Ovo				
9	VOML	Vegetarian Oriental				

